

Everything Under the Sun

OAL and Camp Skills TRAINING

September 17 to 19, 2010

at Camp Mewata

West Kelowna



Come join us for Outdoor Fun!

Camping Skills & Outdoor Activity Leadership (OAL) Path, Trail & Blaze Training

This is an opportunity for Guiders to attend an exciting weekend to play in the outdoors at **Camp Mewata** (West Kelowna). Guiders (and your children - age 3 to 10) are welcome to come for whatever part of the weekend suits your schedule and interests. The weekend will start Friday night for some informal camping oriented activities. Camping skills sessions from basic to advanced will run through the day on Saturday, the schedule to be determined by interest. For those who would like to take their **OAL Path**, you must attend this session all day Saturday. **OAL Trail** Level session runs all day Saturday and Sunday morning. **OAL Blaze** Level Focus session will run Sunday morning. You may only work on one OAL level session at this camp. Some camping skills will be incorporated into all the OAL sessions at the appropriate level, please ensure you number which sessions interest you.

In order to help with the scheduling, please indicate your planned arrival and departure times.

Child minding (age 3 to 10) will be available during your sessions, however, children are not allowed to participate in the adult sessions. Children with you are your responsibility between session times, during meals and sleeping. There will be a few joint activities for everyone together in the evenings.

Cost - per person (Glider or child) includes food, camping and program

- \$7 for 3 hours of camping skills sessions OR OAL Blaze focus session
- \$12 for the Saturday - includes snacks and lunch
- \$18 for the weekend - includes all meals from Friday evening snack to Sunday AM snack. Accommodation will be in tents. We aim to be wrapped up by lunch time on Sunday.

REGISTRATION DEADLINE : August 28, 2010

Send payment to: Brenda Anthony; 121 Christie Mountain Lane;
Okanagan Falls, BC; V0H 1R3

Snail mail or e-mail your completed form: treasurer@monasheegirlguides.com
cheques payable to : GG of C Monashee Area

A personal kit list, camping gear list and more info will be sent upon receipt of application
Questions?? Contact Colleen Aven 250-498-0514 or trex@monasheegirlguides.com

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TRAINING

Participant Registration Form

Name: _____ iMIS #: _____

Phone (home): _____ (work): _____ (cell): _____

I prefer to receive information by:

Mail (Address): _____

E-mail: _____ Fax: _____

Emergency Contact during the event: _____

Dietary restrictions & allergies: _____

I will have _____ (#) children with me at camp. Ages are: _____

I/we will arrive at _____ and depart at _____

Session choice: (you may only chose 1 of these sessions, and must be there the entire time to receive credit)

OAL Path training (8 AM to 6 PM on Saturday) OAL Trail Training (8 AM Saturday to noon Sunday)

OAL Blaze Focus Session (8:30 AM to 11:30 AM Sunday) I am planning to come for camp skills sessions only (8 AM Saturday onward)
 For this session, include a separate sheet with information on your OAL Blaze training and any moving adventure camps you have done with and without girls to date.

Camping skills session choices:

We will incorporate many of these activities into OAL or camping skills trainings, but may not be able to offer them all. Your input will assist with creating an exciting outdoor weekend. **Please use numbers** - with 1 being your "most interested" choice.

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| _____ Camp kitchens & stove basics | _____ Gourmet camp cooking – beyond the stove |
| _____ Lightweight camp cooking & dehydrating | _____ Creative Arts at camp |
| _____ Compass & trail signs _____ Geocaching | _____ Advanced navigation: map, compass & GPS |
| _____ Knots for camping _____ Flags | _____ Tents & Tarps: set-up, maintenance, repair |
| _____ Gadgets for all _____ Ceremonies | |
| _____ Lightweight gear & packing – for kayaking, canoeing, backpacking | |

Other suggestions: _____

Payment must be received by August 28, 2010; no refunds after that date. All participants should carry a complete Personal Health Form for Adults (H.2) with them during the event which will only be accessed in case of emergency.

Privacy statement: Girl Guides of Canada-Guides du Canada protects and respects your privacy. Your personal information is used to communicate within our organization. We do not provide or sell this information outside our organization. For further information, see our privacy statement at www.girlguides.ca.

Audio/visual statement – In the course of this event, pictures may be taken or recordings made. If you do not wish to be included, it is your responsibility to exclude yourself when pictures/recordings are being taken/made.